



ISLE
OF
JURA

EXPLORE

JURA



The sea is your
plunge pool

Wood-fired. Coastal. Wild.

A mobile wild sauna, travelling to the most spectacular coastal spots on the island.

Heat up. Plunge in. Repeat.

A 60 min session is £15 per person. Private hire available.

Most Wednesdays, Fridays and Sundays - and by appointment, please just ask!

pi@bothanjuraretreat.co.uk
Mobile: 07300 493 078
www.jurasauna.co.uk

This sauna is part of Bothan Jura Retreat. Luxury cabins for 2, with wood-fired hot tubs, pizza ovens, firepits, telescope and sauna.

www.bothanjuraretreat.co.uk



Useful Information for Visiting Jura

Single Track Road
Use passing places to let oncoming traffic pass and to allow vehicles behind you to overtake. Avoid parking in passing places. Our road is long, scenic and in places not in the best condition. Take your time!

Medical
Jura Medical Practice: 01496 820218. Non-urgent: NHS 24 on 111. Emergency: 999. The nearest A&E is Islay Hospital, Bowmore.

Dogs & Adder Bites
Adders are present on Jura in summer and there is no anti-venom on the island. Vets recommend giving Piriton immediately — get your dog to the Islay vet in Bowmore as fast as possible. Tel: 01496 810205

Dogs & Livestock
Keep dogs on a lead near livestock, deer and geese at all times.

Stalking Season & Hillwalking
Deer stalking runs July to February. Before heading into the hills please contact the relevant estate first. Details at isleofjura.scot

Wild Camping & Leave No Trace
Take all litter home, use a trowel and bury waste well away from water. Corran Sands is our beach, not a toilet, our children play there.

Bothy Etiquette
Leave bothies clean and dry with firewood for the next visitor. Take all rubbish out with you. mountainbothies.org.uk

Yachts & Moorings
Please pay for your mooring via juradevelopment.co.uk

Coastguard & Water Safety
Emergency at sea: 999, ask for Coastguard. Always tell someone your plans before paddleboarding, kayaking or swimming off our coast. Check wind direction first. Offshore winds can blow you out to sea.

Fuel & Facilities at the Big Pier, Craighouse
Petrol and diesel available. No EV chargers currently on the island. Recycling bins & public toilets. Feolin ferry port also has public toilets.

Enjoyed Your Visit? Have Something to Say?
Please fill in our short **Visitor Survey** - your feedback helps us improve Jura for everyone. Thank you.

www.isleofjura.scot/visitor-survey



ISLE
OF
JURA





NORTH ATLANTIC OCEAN



JURA BOAT TOURS

CORRYVECKAN



SCARBA

GLENGARISDALE BOTHY



BARNHILL



JURA GUIDED

SEA CAVES

FOREST BATHING

ARDLUSSA LUSSA GIN

INVERLUSSA

THE SPIRIT OF JURA TOURS

JURA PASSENGER FERRY



THE LONG ROAD

CRUB BOTHY



SHIAN BAY

RAISED BEACHES



RUANTALLAIN BOTHY



GLENBATRICK BAY

PAPS OF JURA

EVAN'S WALK



LOCH TARBERT



BOTHAN JURA RETREAT

BOTHAN JURA WILD SAUNA

REIKI

JURA

SOUND OF JURA



LAGG

ISLAND TAXI/TOURS



KNOCKROME



INVER

FEOLIN

CRAIGHOUSE



JURA HOTEL



DEER ISLAND RUM

JURA CYCLES



TIPSY TRUFFLES

SCAN ME

THE ANTIERS BAKEHOUSE AND BAR

THE WHISKY ISLAND GALLERY THERAPY ON THE GO



www.isleofjura.scot

CAMUS-AN-STACA STANDING STONE

ARDEFIN GOLF COURSE

ISLAY

PORT ASKAIG

